

Young, anxious and resilient

It has been reported in recent days that over half of young people are currently, anxious, stressed or depressed, as a result of the coronavirus pandemic. Young people are perceptive, and we are now seeing the second economic downturn in our lifetimes coming down the tracks.

We see many of our hopes and aspirations that were formed on the foundation of a stable and prosperous economy turning to dust, while we are also removed from the friends that much of our lives are anchored on. We will be forgiven our current anxiety.

But our generation will overcome our current stress for we are strong minded and resilient young people. That fact must be stated and cannot be forgotten.

STEPHEN DONELAN (16),
Killimor, Co Galway. (*Letter to the Irish Times, Apr 2020*)



"Sticky Moments"

A painting by Eibhlin Cunniffe, a 2nd year student in Portumna CS has been short listed in the top 20 in The Kildare Gallery Art Competition.

Well done, Eibhlin, for continuing to develop your art skills during these challenging times.